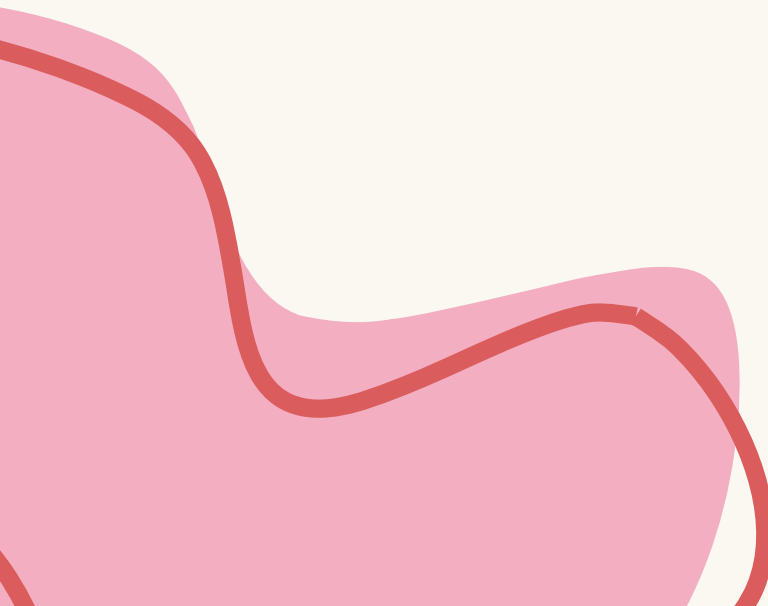




# Parent Workshop



# Toilet Training

Signs Your Child Is Ready

Stays dry for 1-2 hours at a time.

Notices a wet or dirty nappy and may ask to be changed.

Can follow simple instructions.

Shows interest in the toilet or wearing underwear.

Can pull pants up and down with a little help.



# Toilet Training

Make it Routine

Offer regular toilet times (e.g. after meals, before bed, before going out).

Encourage your child to sit on the potty or toilet even if they don't "go."

Use a potty or child toilet seat with a step stool for comfort.

Allow your child to choose fun underwear.

Read books or sing songs about toilet training.



# Toilet Training

Celebrate successes with claps, hugs, or stickers.

Stay calm about accidents — reassure them it's okay and try again.

Teach wiping (with your help), flushing, and handwashing.

Encourage your child to tell you when they need the toilet.



# Top Tips!

- Dress your child in easy-to-pull-down clothing.
- Be consistent across home, nursery, and with other caregivers.
- Night-time dryness usually comes later — don't rush.



# Top Tips!

Talk to your health visitor or GP if:

- Your child shows no interest in toilet training after age 3½-4.
- They often complain of pain, constipation, or difficulty weeing.
- Accidents continue well past training despite consistency.

**Toilet training is a learning process. Patience, praise, and consistency are the keys to success.**



# Putting on their own coat

Your child putting on their own coat and zipping it up will support them in developing their fine motor control. (fine motor is the muscles in your hands that help with writing!)

At home, encourage your child to put on their own coat and have a go at zipping it up. How fast can they do it!

Try- Letting your child to help their teddy/ doll put their coat on. Then say, "Now it's your turn, just like Teddy!"



# Developing Fine Motor Control for Writing

Here are some ideas to develop your child's fine motor control at home:

Drawing and colouring (chalk, paintbrushes, soap)

Puzzles/ jigsaws, building with lego/ blocks

Pegging clothes up on the line- matching the socks (will also help with maths)

Threading- Cheerios and spaghetti

Buttoning clothes, zips, velcro on shoes

Getting themselves dressed and undressed

Going to the park, climbing on the climbing frame

Riding a bike or scooter



# Developing Maths at home

Here are some ideas to develop your child's maths knowledge at home:

- Count steps as you go up the stairs.
- Count apples into a fruit bowl or spoons as you set the table.
- Sort toys by colour, shape, or size (e.g., all red cars together).
- Match socks or shoes into pairs.
- Building and comparing towers.
- Look for shapes around the house.
- Spot all the red objects.



# Developing Maths at home

Here are some ideas to develop your child's maths knowledge at home:

- Collect sticks, leaves, or stones. Sort them by size and colour. Line them up from shortest to longest.
- Create patterns with toys/ objects at home- tomato, potato, tomato, potato.



# Developing Reading at home

Choose short, colourful stories with clear pictures.  
Let your child hold the book and turn the pages.

## Before Reading

- “What do you think this book is about?”
- “Can you find the title?”
- “What do you see on the cover?”

## During Reading

- “What’s happening in this picture?”
- “How do you think the character feels?”
- “What do you think will happen next?”
- “Can you find the [dog/tree/ball]?”



# Developing Reading at home

## After Reading

- “What was your favourite part?”
- “Who was your favourite character?”
- “Can you tell me what happened in the story?”
- “Does this story remind you of something you’ve done?”

## Other ideas

Create stories with your child when they are playing/building at home. Who lives here? What are they doing? Where are they going?



# Tapestry

Tapestry is being monitored by staff and we are aware of the parents who have not yet logged in or been active on their child's account.

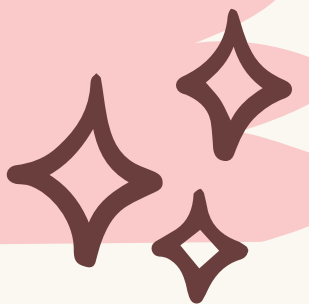
If you have had any problems accessing Tapestry please let me know.

Complete the home learning tasks with your child at home and send us a picture!



The background features soft, abstract pink shapes in the corners: a large one in the top right, a smaller one in the bottom left, and a faint one in the bottom right.

Two simple line-art paper clips are positioned to the left of the word 'Thank'.**Thank**

**You** Three small, four-pointed star sparkles are located to the right of the word 'You'.