



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Dance : Unit 1	Games : Unit 1	Ball Skills : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Games : Unit 2	Ball Skills : Unit 2
Year 1/2	Fundamentals	Athletics	Gymnastics	Gymnastics	Dance	Dance
	Ball Skills	Sending and Receiving	Target Games	Invasion Games Fitness	Yoga Striking and Fielding Games	Net and Wall Games
Year 3	Fundamentals Y3/4	Athletics	Gymnastics	Parkour	Football	Basketball
	Dance	Dance	Ball Skills Y3/4	Dodgeball	Golf	Tennis
Year 4	Fitness	Athletics	Gymnastics	Yoga	Rounders	Cricket
	Dance	Dance	Handball	Handball	Golf	Tennis
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Year 5	Fitness	Athletics	Gymnastics	Parkour	Volleyball Y5/6	Tennis
	Dance	Dance	Football	Basketball	Rounders	Cricket
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Year 6	OAA	Athletics	Parkour	Yoga	Tennis	Badminton Y5/6
	Dance	Handball	Hockey	Rugby	Dodgeball	Golf